BREAKFAST

Wednesday- Sunday

7am – 11:30 am



FRENCH TOAST 25

2- Piece Thick Cut Cinnamon French Toast, Strawberries In A Vanilla Sparkling Sauce With Cream & Chocolate Sauce.

CHEESEBURGER 25

200g Pork & Fennel Patty, Double Swiss Cheese, Pickles, Mustard Mayo, Folded Egg, Milk Bun & Shoestring Fries.

AVOCADO MOUSSE 24

Avocado, House Croutons, Cherry Tomatoes, Roasted Capsicum Puree, Radish, Herbs, Herb Oil, Black Salt, Feta.

MUSHROOM & HALLOUMI 24

Truffle Roasted Mushroom, Grilled Halloumi, Spinach Pesto, Sourdough, Soft Boiled Egg, Crispy Prosciutto, Truffle Oil.

LAMB BENNIE 30

Slow Cooked Lamb, Pita, Spinach, Pesto, Roasted Capsicum Puree, Poached Eggs, Dukkha, Citrus Thyme Hollandaise.

<u>CLASSIC BENNIE</u> 23

Sourdough, Wilted Spinach, Poached Eggs, Citrus Thyme Hollandaise. Add: Bacon 6 Salmon 8

HOUSE BAKED BEANS 24

House Beans In Rich Tomato Gravy, Smokey Bacon, Pork & Fennel Sausage, Poached Eggs, Sourdough.

OMELETTE

<u>Classic:</u> Mozzarella, Onion, Cherry Tomatoes, Capsicum, Tomato Relish. 26 <u>3 Cheese:</u> Mozzarella, Parmesan, Chedder, Tomato Relish. 27

SALMON SMASH 28

Sourdough, Minted Labneh, Charred Asparagus, Smoked Salmon, Fragrant Herbs, Chilli, Poached Egg, Black Salt.

EGGS YOUR WAY 15

Sourdough With Two Eggs Cooked To Your Liking.

<u>BIG BOI</u> 35

Sourdough, Bacon Rashes, House Hashbrown, Roasted Mushroom, Grilled Tomato, House Beans, Pork & Fennel Sausage, Tomato Relish, Choice of Eggs.

BREAD & SPREAD 10

Sourdough, Choice Of Vegemite, Plum Jam, Peanut Butter Or Honey.

GRANOLA GLASS 18

Toasted Muesli, Dried Fruits, Mixed Nuts, Shaved Coconut, Seasonal Berries, Choice Of Greek Yoghurt Or Coconut Milk.



LITTLE NIPPERS (12 & Under)

KIDS BREKKIE 12

Sourdough, Egg Your Way, Bacon.

FRENCH TOAST 13

1-Piece Thick Cut Cinnamon French Toast, Strawberries, Compote, With A Choice of Maple Or Chocolate Sauce. KIDS BURGER 13 80g pork & Fennel Patty,

Double Cheese, Pickles, Tomato Sauce, Brioche Bun, Shoestring Fries.

BOOST THE FLAVOUR

Smokey Bacon		6
Sourdough	1pc 3	2pc 6
Gluten Free Bread		4
Mushroom		6
Halloumi		5
Avocado Smashed	/ Sliced	6
House Made Hasht	orown	5
Shoestring Fries		6
Smoked Salmon		8
Grilled Tomato		4
Eggs: Fried/Scramb	oled/Poached	4
Pork & Fennel Saus	age	7
House Beans		4
Spinach (Wilted)		4
Maple Syrup		3
Peanut Butter/Vege	emite/Jam	2

CAFÉ Monday – Sunday 7am – 4pm (Fresh Juice only available from 7am – 3pm)

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HOT DRINKS

51		
\bigcirc	CUP	MUG
	(1 Shot)	(2 Shots)
Cappuccino	4.50	5.50
Flat white	4.50	5.50
Latte	4.50	5.50
Long Black	4.00	5.00
Mocha	5.00	6.00
Hot Chocolate	4.50	5.50
Chai Latte	4.50	5.50
Prana Chai	5.00	6.00
Dirty Chai	5.50	6.50
Turmeric Latte	5.50	6.50
Matcha	5.00	6.00
Macchiato	4.00	5.00
Picolo	4.00	
Espresso	4.00	115
Baby Chino	3.00	

Extra Shot Of Coffee 1.00 Decaf 0.70

<u>TEA</u>

English Breakfast, Earl Grey, Green Tea, Peppermint 5.00

ICED DRINKS

	REG	LARGE
Iced Coffee (with Ice Cream)	7.00	8.50
Iced Long Black	5.30	6.50
Iced Latte	6.00	7.50
Iced Mocha (with Ice Cream)	7.50	9.00
Iced Chai	7.00	8.50 🔒
Iced Chocolate	6.00	7.50 💾
Iced Maple Matcha	7.50	8.50 🖯

ADDED FLAVOURS



Caramel, Hazelnut, Vanilla, Honey, Maple. 0.70

ALTERNATIVE MILK OPTIONS:

Lactose Free, Oat, Soy, Almond, Coconut. 1.00

MILKSHAKES

Chocolate, Caramel, Strawberry, Lime, Coffee Or Banana 9.00 Upgrade: Thick Shake......11.00

SMOOTHIES

SMOOTHIE OF THE WEEK

Ask Our Friendly Staff About Our Smoothie Of The Week.



BANANARAMA

Banana, Hemp Seeds, Honey, Almond Milk. 12.00



TROPIC

Mango, Pineapple, Banana, Coconut milk.

12.00

TRINITY

Mango, Dragon Fruit, Strawberries, Coconut Milk.

12.00



BEACH BROWNIE

Banana Chocolate, Cacao, Peanut Butter,

Almond Milk. 12.00

FRESH JUICE

Orange, Pineapple, Apple, Watermelon. 10.00

Add Ginger 0.50





Ask Our Friendly Staff About Our Fresh Juice Of The Week.

WELLNESS SHOTS

Wheatgrass & Ginger. Ginger, Turmeric, Orange, Lemon.

5.00 6.00

ALSO AVAILBLE FOR PURCHASE

	San Pellegrino 500ml	8.50
	Lemon Lime Bitters	5.50
~	Bottled Juice (Glass)	5.50
Ø	Ginger Beer	6.70
e	Soft Drink	5.70





JOIN US FOR

HAPPY HOUR

Monday – Friday 4pm- 6pm House Beers & House Wines Cocktails

LOW N SLOW SUNDAYS

From 12pm Until Sold Out Smoked Brisket Smoked Hot Dogs Smoked Beef Ribs BBQ Pork Ribs

<u>ALL DAY PIZZA</u>

Friday – Sunday 12pm - 9pm

Live Music

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<u>WINGS (6)</u> 19

Fried Crispy Chicken Wings With A Choice Of Buffalo Or Smokey BBQ Sauce Accompanied With Blue Cheese Dipping Sauce.

FRENCH FRIES 10

Crispy Fries, BH Seasoning, Tomato Sauce. Add: Aioli 2

FRIED CALAMARI 21

Fried Calamari Tossed With Rocket, Red Onion, BH Seasoning, Served With Lemon & Aioli.

CHICKEN NUGGETS 11

Fried Chicken Nuggets, Fries, Tomato Sauce.

<u>NACHO</u> 24

House Beef Chilli Con Carne, Beans, Corn Chips, Cheese, Sour Cream, Smashed Avocado Mozzarella & Corn Pico De Gallo. Add: Jalapenos.

FISH TACOS (3) 23

Soft Shell Taco, Battered Fish, Wombok Slaw, Pickled Ginger, Fragrant Herbs, Chilli Lime Aioli, Grilled Lime.

FISH N CHIPS 24

Crumbed Fish Fillet, Fries, Tartar Sauce, Lemon Wedge. Add: Garden Salad

<u>CHICKEN SCHNITZEL</u> 26

Crumbed Chicken Breast Served With Fries & Garden Salad. UPGRADE: To Parmi (Napoli, Ham & Mozzarella) 4

GARDEN SALAD 19

Mesclun Leaf, Cherry Tomatoes, Cucumber, Red Onion, Carrot, BH Dressing.



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